

Group Disability Release To Work Form

Please print in ink or type - Return this form to Q3 using contact info above.
Note: Every item must be completed before claim can be processed!

Employee Section

Employee Name: _____ DOB: _____

Physician Section

A. The employee is able to work a full, regular schedule with no restrictions, beginning _____.

B. The employee is able to return to work on a reduced schedule required by this condition beginning _____ through _____ with a full release on _____.

Reduced schedule maximum weekly work hours _____

Reduced schedule maximum daily work hours _____

C. The employee is able to return to work with restrictions required by this condition beginning _____ through _____.

Limitation in the number of hours worked:

Work no more than _____ hours/day Work no more than _____ hours/week

During Work Hours:

Stand no more than _____ hours Walk no more than _____ hours

Sit no more than _____ hours

Frequently = 34%-66% of the time - Occasionally = 1%-33% of the time

Lift up to _____ pounds Frequently or Occasionally

Push/pull/force up to _____ pounds Frequently or Occasionally

Bend, twist, stoop Frequently or Occasionally

Reaching Frequently or Occasionally

Additional Major Life Activities:

Concentration Think Hear Learn Performing Manual Tasks Caring for Oneself

Interact with others Sleep Eat Read Communication Other _____

Work Sight Breath Speak Major Bodily Functions (Please List) _____

Explain: _____

Signature of Attending Physician

Degree Date

Name of Attending Physician

Telephone Number

Office Name of Attending Physician

Street Address

City, State, Zip Code